



St Alban's

Catholic Primary and Nursery School

Member of St Clare's Catholic Multi Academy Trust, Diocese of Hallam

Let God's love shine in our lives as we grow and learn together

Mission Statement

Let God's love shine in our lives as we grow and learn together, living out the Gospel Values of faith, hope and love for ourselves and others.

PSHE Policy

Date reviewed:	April 2024
Date approved:	
Date due to review:	Autumn Term 2024

Introduction

This policy sets out St. Alban's Catholic Primary and Nursery School's aims and strategies for the successful delivery of PSHE. This policy should be read in conjunction with other relevant school policies such as the Online Safety, Safeguarding, Equal Opportunities, Curriculum, Finance, Teaching & Learning, SEND and Assessment policies.

The policy has been developed by the PSHE Leader in consultation with the SENCO, Leadership Team and teachers. Guidance from experts and pupil, parent and staff voice questionnaires have shaped and will continue to help shape this policy. This policy is based on government recommended and statutory programmes of study.

It is recommended that this policy is reviewed, at minimum, at the start of every academic year.

Context

St Alban's is an average sized Catholic Primary and Nursery School, a member of St Clare CMAT, Diocese of Hallam and works closely with the Catholic Dearne Valley Family of Schools as well as the Sheffield Catholic Schools who are part of St Clare's. Our mission as a Catholic school is to create and develop a community centred upon the teaching of Jesus Christ where all individuals are enabled to reach their full potential in all elements of their lives. Our age range is 2 to 11 with 217 on roll, 187 FTE R – Y6. St Alban's Nursery opened in September 2021, and is led by teachers and experienced qualified Early Years practitioners and has continued to grow in numbers. St Alban's serves the local parishes of St Alban's Catholic Church of Denaby and Conisbrough and Blessed English Martyrs, Mexborough all of which are in the town of Doncaster. The school is in the highest 20% of socio-economically deprived catchments in the country and is one of the 5 most deprived schools in Doncaster with a changing profile of number of Catholics attending. In recent years, there have been children with more complex needs attending and from Y4 down to our youngest learners in Nursery, 80% of children in these classes fall within the 10% most disadvantaged in the country. At St Alban's 41% children are disadvantaged and a higher than average proportion of children with SEN at 32%, most of whom have speech, language and communication (63%) and/or social, emotional and mental health (27%) needs. Children entering EYFS are doing so with increasingly significant needs and our current Reception class have 44% of children with complex SEN. Most children at St Alban's are of White British heritage, with a lower than average proportion of children with EAL at 3.23%. St Alban's has lower than national levels of stability and since January 2021 there has been a 15% increase in the number on roll (R – Y6) therefore increasing mobility factors. Prior to COVID, attendance was 97.48% but reduced significantly with 27.8% persistently absent in 21/22 academic year. During the school year 22/23, attendance improved at a significantly higher rate than the national primary rate reaching 94.03%, an increase of 2.13% on 21/22 and a reduction to less than national levels for persistent absence at 19.6%.

Implementation and Review of Policy

Implementation of the policy took place in the Autumn term 2023. This policy will be reviewed every year by the Head teacher, PSHE leader, the Governing Body and Staff. The next review date is Autumn term 2024.

Dissemination

The policy will be given to all members of the governing body, and all teachers, teaching assistants and non-teaching members of staff. Copies of the document will be available to all parents through the school's website and a copy is available in the school office. Details of the content of the PSHE curriculum will also be published on the school's website.

Aims of the PSHE Curriculum at St Alban's Catholic Primary School

- Personal, Social, Health and Economic Education (PSHE) at St Alban's Catholic Primary School aims to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.
- Prioritise the sacred subject of PSHE. PSHE calls forth empathy, good communication and leadership. Engaging with PSHE enables the student to see the world through a variety of different lenses engaging with the big questions of purpose and meaning in life. Self-esteem and thinking skills are enhanced so that the student grows in their ability to recognise their own giftedness and potential as someone who has been created for a definite purpose and can challenge and change situations of injustice, discrimination, marginalisation, and poverty in all its guises. PSHE seeks to show students how to improve the quality of life and develop a sense of community pride and hope for the future. PSHE celebrates diversity through the promotion and understanding of other people and different ways of life, it also celebrates spiritual and cultural heritage.
- Children will be taught the same topic areas over two years which allows for learning skills and facts (remembering), making connections (knowing) and applying what they have remembered and know (reasoning) across PSHE themes. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE regularly in depth that is appropriate for the age and key stage of the child. Where purposeful, PSHE links can be made with other subjects, we will teach this subject discretely through our TenTen Plus curriculum.
- At St Alban's we encourage our pupils to play a positive role in contributing to the life of the school, parish, and the wider community. In doing so, we help to develop their sense of self-worth and their ability to work well with others so that they can become increasingly responsible for their own learning.
- The school is in the highest 20% of socio-economically deprived catchments in the country and is one of the 5 most deprived schools in Doncaster. Importantly, in PSHE, pupils will find out about the main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities. Pupils will reflect on their own experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.
- At St Alban's we aim to promote the fundamental British Values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs. Most children at St Alban's Catholic Primary School are of White British heritage with a significantly lower than average proportion of children with EAL at 3.23%. Children will learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Intent of the PSHE Curriculum

- What we offer

PSHE is an important and necessary part of all pupils' education and although most of the topics covered in 'Living in the Wider World' are currently non-statutory, the Department of Education (DfE) has stated that all schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction of the proposed new national curriculum. At St Alban's we follow the TenTen Plus programme of study and use the resources to ensure consistency throughout school.

A whole school approach is used to implement this programme. This policy aims to promote pupils' spiritual, moral, social and cultural development including our Behaviour Policy, Equal Opportunities Policy, and Race Equality Policy. In following the programme, our pupils are taught one of the core themes of PSHE; Living in the Wider World, using knowledge, skills and understanding. Health, Wellbeing and Relationships is taught in our RHE programme ensuring we maintain our Catholic ethos throughout our teaching.

- There will be a weekly PSHE lesson in every year group in order to develop themes and share ideas, e.g. circle time, whole class discussion, group work and partner work.
- Opportunities will be found within other curriculum areas, eg. links with drama and role play, debate and discussion in Literacy, working together in pairs or small groups, improving health in PE, environmental, health in science and beliefs, values and practices in Assemblies and the RE Come and See Programme, including the promotion of RHE.
- We ensure that the children experience the process of democracy in school through the election and membership opportunities provided through School Council, Mini Vinnies, Classroom jobs and School Sports Teams.
- At playtimes and lunchtimes opportunities exist for playing co-operatively using play equipment.

- Transition from EYFS to Y1 and Y6 to KS3

In the Foundation Stage of the EYFS Curriculum, PSHE is related to the objectives set out in the Early Learning Goals matching the aim of developing a child's personal, emotional, and social development and understanding the world. Learning and development opportunities for these areas, as well as communication and language, can be interwoven within the pupils' experience through daily EYFS play-based activities, role-play areas, quality children's fiction and reflective discussion to begin to build pupils' knowledge and understanding, skills, attitudes and attributes related to PSHE elements of education to prepare them for KS1.

During Key stages 1 and 2, PSHE offers learning opportunities and experiences which reflect pupils' increasing independence and physical and social awareness, as they move through the primary phase. PSHE at St Alban's will introduce children to a wider world and enable them to make an active contribution to their communities, preparing them for KS3.

- Inclusion and challenge for all learners in different vulnerable groups

At St Alban's we teach PSHE to all children, whatever their ability. All children are provided with equal access to the PSHE curriculum. We aim to provide suitable learning opportunities regardless of gender, ethnicity or home background. PSHE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PSHE teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs. Pupils on the Special Educational Needs register, including those on Health Care Plans may have specific PSHE related targets where a priority is appropriate.

Implementation of the PSHE Curriculum

At St Alban's we follow The TenTen Plus Programme of Study which is based on three core themes within which there is broad overlap and flexibility. Our RHE Programme (See RHE Policy) enables our children to access this ensuring that the Catholic Life of the School is at the core of

everything we do. Therefore, our PSHE lessons cover all objectives within 'Living in the Wider World'.

This programme begins at KS1, building on those key themes developed throughout EYFS where children develop their personal, emotional and social skills and their understanding of the World. As the pupils progress through school, they will build on their knowledge, skills and understanding as they prepare for KS3.

We use the TenTen Plus PSHE scheme of work which is designed to be taught in thematic units consisting of six lessons, with supporting materials including a Planning Overview, assessment statements and display materials. It is suggested that these units are taught in a spiral curriculum that revisits each theme every two years. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child.

The Lessons signpost key words, building a rich vocabulary to develop understanding. TenTen Plus PSHE units are designed for delivery in a creative manner, using many approaches such as role play, discussion, and games in groupings of various sizes. These activities enable children to build confidence and resilience. Assessment for learning opportunities is built into each lesson, which enable self-evaluation and reflective learning and allow teachers to evaluate and assess progress. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning. Tools are provided for summative assessment, allowing progress to be recorded and tracked. We use a range of teaching and learning styles with an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. PSHE is provided in a variety of ways, to reflect the age of the pupils and ensure a whole school approach to the subject. Each child's learning will be stored in their 'Life Learning Book' and will be assessed against a checklist.

Assessment against the National Curriculum allows us to consider each child's attainment and progress against expected attainment outcomes. When pupils are working below the expected outcome within PSHE, differentiated activities including consideration of the classroom organisation, teaching materials and teaching style are introduced so that we can take some additional or different action to enable the child to learn more effectively. This ensures that our teaching is matched to the children's needs.

Impact of our PSHE Curriculum

St Alban's PSHE Curriculum provides an effective curriculum for wellbeing. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their interactions within communities, from the classroom to the wider community of which they are a part. TenTen Plus PSHE scheme of work supports the active development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them (See Mental Health and Well-Being Policy). Successful PSHE teaching will have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. Evidence suggests that successful PSHE education also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face. The St Alban's PSHE scheme of work will be used as a whole-school

approach to positively impact wellbeing, safeguarding and SEMH outcomes. This can ensure that all children develop the knowledge, skills and attributes they need to succeed at school and in the wider world.

Review Date: Autumn 2024

Appendices

Appendix 1: TenTen Plus Overview

Appendix 1: TenTen Plus Overview

EYFS

Stage	Module 1 Created and Loved by God				Module 2 Created to Love Others				Module 3 Created to Live in Community	
Topic	Unit 1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well-Being	Unit 4 Life Cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
EYFS	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Handmade With Love	Session 1 I Am Me	Session 1 I Like, You Like, We All Like!	Session 1 Growing Up	Session 1 Role Model	Session 1 Who's Who?	Session 1 What is the Internet?	Session 1 Safe Inside and Out	Session 1 God is Love	Session 1 Me, You, Us
		Session 2 Heads, Shoulders, Knees and Toes	Session 2 All the Feelings!	Session 2 New People, New Places Classroom Shorts		Session 2 You've Got A Friend In Me	Session 2 Playing Online	Session 2 My Body, My Rules	Session 2 Loving God, Loving Others	Session 2 When I Grow Up... Classroom Shorts
		Session 3 Ready Teddy?	Session 3 Let's Get Real			Session 3 Forever Friends		Session 3 Feeling Poorly		Session 3 'Money Doesn't Grow On Trees' Classroom Shorts
								Session 4 People Who Help Us		

KS1

Stage	Module 1 Created and Loved by God				Module 2 Created to Love Others				Module 3 Created to Live in Community	
Topic	Unit 1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well-Being	Unit 4 Life Cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
Key Stage 1	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Let the Children Come	Session 1 I am Unique	Session 1 Feelings, Likes and Dislikes	Session 1 The Cycle of Life	Session 1 God Loves You	Session 1 Special People	Session 1 Real Life Online	Session 1 Good and Bad Secrets	Session 1 Three In One	Session 1 The Communities We Live In
		Session 2 Girls and Boys	Session 2 Feeling Inside Out	Session 2: Beginnings and Endings		Session 2 Treat Others Well...	Session 2 Rules To Help Us	Session 2 Physical Contact	Session 2 Who is My Neighbour?	Session 2 Who Will I Be? Classroom Shorts
		Session 3 Clean and Healthy (My Body)	Session 3 Super Susie Gets Angry	Session 3: Change Is All Around Classroom Shorts		Session 3 ...and Say Sorry		Session 3 Harmful Substances		Session 3 Needs and Wants Classroom Shorts
								Session 4 Can You Help Me? (Part 1)		
								Session 5 Can You Help Me? (Part 2)		

Stage	Module 1 Created and Loved by God				Module 2 Created to Love Others				Module 3 Created to Live in Community	
Topic	Unit 1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well-Being	Unit 4 Life Cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
Lower Key Stage 2	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Get Up!	Session 1 We Don't Have to Be the Same	Session 1 What Am I Feeling?	Session 1 Life Cycles	Story Sessions Jesus, My Friend	Session 1 Family, Friends and Others...	Session 1 Sharing Online	Session 1 Safe in My Body Classroom Shorts	Session 1 A Community of Love	Session 1 How Do I Love Others?
	Session 2 The Sacraments	Session 2 Respecting Our Bodies	Session 2 What Am I Looking at?	Session 2 A Time for Everything		Session 2 When Things Feel Bad	Session 2 Chatting Online Classroom Shorts	Session 2 Drugs, Alcohol and Tobacco	Session 2 What is the Church?	Session 2 Working Together Classroom Shorts
		Session 3 What is Puberty?	Session 3 I am Thankful	Session 3 Big Changes, Little Changes Classroom Shorts				Session 3 First Aid Heroes		Session 3 Money Matters Classroom Shorts
		Session 4 Changing Bodies						Session 4 Rights and Responsibilities Classroom Shorts		
		Session 5 Male/Female Discussion Groups (optional)								
Upper Key Stage 2	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Calming the Storm	Session 1 Gifts and Talents	Session 1 Body Image	Session 1 Making Babies (Part 1)	Session 1 God Is Calling You	Session 1 Under Pressure	Session 1 Sharing Isn't Always Caring Classroom Shorts	Session 1 Types of Abuse Classroom Shorts	Session 1 The Holy Trinity	Session 1 Reaching Out
		Session 2 Girls' Bodies	Session 2 Peculiar Feelings	Session 2 Making Babies (Part 2)		Session 2 Do You Want A Piece of Cake?	Session 2 Cyberbullying Classroom Shorts	Session 2 Impacted Lifestyles Classroom Shorts	Session 2 Catholic Social Teaching	Session 2 The World of Work Classroom Shorts
		Session 3 Boys' Bodies	Session 3 Emotional Changes	Session 3 Menstruation		Session 3 Self-Talk		Session 3 Making Good Choices		Session 3 Money and Me Classroom Shorts
		Session 4 Spots and Sleep	Session 4 Seeing Stuff Online	Session 4 Hope Beyond Death		Session 4 Build Others Up Classroom Shorts		Session 4 Giving Assistance		
				Session 5 Coping with Change Classroom Shorts						